

Building a world where all people can be happy

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Happy New Year! Hard to believe that we are already into the 2nd decade of the 21st century. 2009 was a difficult year, our total contributions came to \$106,397, a slight drop (-3.6%) from 2008. The number of donors, however, increased by nearly 40%, and by dipping into our reserves, we were able to increase the total grants awarded to \$112,780, an increase of 37.5%! A listing of all the 2009 grants is on page 2. Thanks to all who enabled the Foundation to turn 2009 into an absolutely stellar year! The challenge for 2010 will be for us to build on that success so we can do even more.

New Grant:

Since 2008, the *AllPeopleBeHappy* foundation has been a major supporter of the Maya Nut program of The Equilibrium Fund. This program provides women in rural Central America with opportunities to learn skills which enables them to feed their families and earn income. They do this by teaching one-day workshops in villages on the many uses of Maya nut and inviting all



women to attend. For a lot of women this is the first workshop they have ever attended. Some participants don't read at all, many have only attended school to the 3rd grade. Remarkably, some of these women go on to start Maya Nut businesses using the skills they learned. Some women, such as Alejandra Osorto, not only have gone on to become teachers and leaders in their own right, but are also actively working to address the many problems in their communities. In Honduras, pregnancy related complications are a leading cause of death among reproductive aged women. Knowing that solutions could be made available, Alejandra submitted a compelling proposal to the AllPeopleBeHappy foundation which was funded in late 2009. Honduras Reproductive Health Project will provide 1-day reproductive health and family planning courses for 500 families in 5 rural communities in the Culmi municipality. Topics to be covered include basic

anatomy, reproductive health, family planning options, importance of child spacing, maternal nutrition, and hygiene. Courses will be taught in partnership with Ministry of Health personnel with the intention of replicating this program in other communities.

Grant Renewal:

In 2009, crucial start up money from *AllPeopleBeHappy* enabled **Village Health Works** to design a Food Security Program to equip households to be self-sufficient in their ability to produce food crops. Burundi is still recovering from a decades old war which ravaged the



country side. By teaching community members proven strategies to increase crop yield and to remediate common problems such as soil infertility, deforestation, and erosion, the Village Health Works team intends to attack the root cause of the childhood malnutrition they are seeing at astounding rates at their medical center in Kigutu.

During its inaugural year, an impressive amount of infrastructure was built. This includes: a raised-bed demonstration garden; a nursery for

propagating food-bearing plants; a production garden, yields of which feed program staff, patients, as well as the surrounding community; a large agro forestry planting; shelters for chickens, goats, and cows; and a large-scale composting system. Trained Agricultural Workers form the backbone of the program. They provide initial demonstrations and training, and follow-up by going to surrounding communities to help families establish and maintain highly productive and diverse home gardens.

An additional \$10,000 has been awarded to Village Health Works for continued support and expansion of this crucial program. Objectives for 2010 include increasing production of their gardens, planting additional fruit trees, and expanding the scope of the husbandry component (*i.e.*, dairy farm) of the program.

2009 Grants

| Grant (\$10,000+) | Grant (<\$2,500) |
|--------------------------------------|--------------------------------|
| ETASHA Society | Doctors Without Borders |
| Indego Africa | Global Emergency Care |
| The Kossoye Project | Heifer International |
| The Equilibrium Fund | Asha for Education |
| One Acre Fund | Sankara Eye Foundation |
| Support for International Change | Women's & Children's Alliance |
| Amizade | International Rescue Committee |
| Comunidad Connect | |
| Honduras Reproductive Health Project | |
| Room to Read | |

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